



3-Days Sailing

with
Spectrum Sailing
in
Houston

April 26-28, 2024



HOSTED BY:



**LAKWOOD
YACHT CLUB**

**BAY ACCESS
SAILING FOUNDATION**

IN PARTNERSHIP WITH:



2322 Lakewood Yacht Club Dr
Seabrook, TX 77586

Spectrum Sailing (501c3), the only National Autism Sailing Program, presents a **3-day sailing camp for 10-17 year old autistic kids in Houston, TX.**

Sessions run morning (9am-1pm) or afternoon (1pm-4pm).

Campers will learn knots, parts of the boat, why the boat sails, and most importantly, **how to sail!**

Camps provide opportunities for skill development, social interaction, and confidence building. Sailing is our platform to positively impact the physical, mental, and social health of our participants. Use the links below to apply



*Scan to apply
for camp*



*Scan to
volunteer*



*Scan to
donate*



*All eligible sailors will be entered into lottery. Parents will be notified via email if selected.

"This was an amazing experience for my daughter. She really enjoyed all aspects of learning how to sail. This was a huge confidence booster for her, especially since she is rarely able to participate in activities like this since they are more geared for neurotypical children. Thank you!"

Questions? Visit www.spectrumsailing.org or email info@spectrumsailing.org